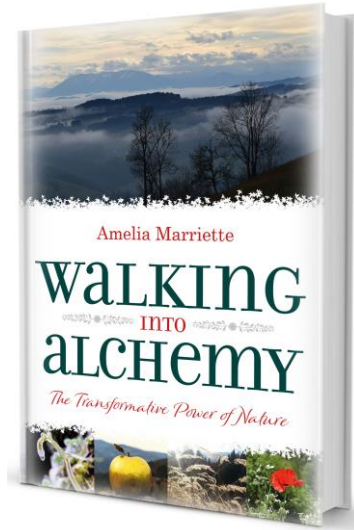


Walking into Alchemy: The Transformative Power of Nature

by **Amelia Marriette**



Eine Frau. Ein Jahr. Eine Wanderung.

The British author of *Walking into Alchemy: The Transformative Power of Nature* Amelia Marriette is back to offering more book readings now that the Covid restrictions have been lifted!

The book was written in Bad St. Leonhard and is about a hike along the Paracelsus Q3 trail that starts in Bad St. Leonhard, which Amelia completed every week for a year. It also contains the story of how the original Sulphur Spa in Bad Sankt Leonhard was created.

Amelia will read excerpts from her book and will also present her drone film and some of the many photos she took during her year of wandering.

The German edition of Amelia's book which was published in December 2021 and has been recommended by the ÖBB, the WKO and the Alpenverein!

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Reviews

Amelia's book is an irresistible invitation to visit Austria.

Brigitte, Paris, November 2021.

The book is a poetic guide adorned with historical facts, it also contains some botanical and geographical information. Even the general knowledge of a "native" like me will be enriched by a few details by reading this book. I also learned a lot about my own local area.

Christina Gugl, Bad Sankt Leonhard, November 2021.

Amelia Marriette's is one to savour and not finish reading too quickly. Every hike is an outward and inward journey of emotional and physical transformation that also creates a change in the reader. Both a travel book as well as a philosophical work, her book must be read by all of us who love wandering in both nature and spirit. I would highly recommend her book to anyone on life's journey.

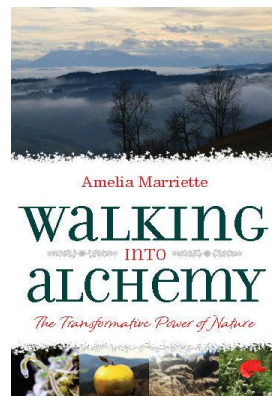
**Paul Evers, Fiji, Autor von "Tree Medicine: A Guide to Understanding Trees and Forests as Natural Pharmacies."
December 2021.**

Books often find us at just the right time. In the stress of everyday life it's good just to be reminded to go out and see how beautiful it is when you open up and take a little time to breathe deeply and to feel. Like Amelia Marriette, we also moved from Britain to Austria not too long ago, this book will help us all to settle into our new, old homeland. Simply the perfect reading material for the hot summer days in the hammock.

Susanne Aichbauer, Hermagor, Goodreads, June 2022.



Walking into Alchemy: The Transformative Power of Nature in English (ISBN: 978-1-86151-947-4 - Published by Mereo Books) in colour with over 50 Fotos. Selling Price 25€



Amelia wird auch Exemplare ihres Buches in deutscher Sprache mitbringen.

Alchemie des Gehens: Selbstfindung in der Natur (ISBN 978-1-86151-997-9 - Mereo Books Verlag) in Farbe mit über 60 Fotos. Verkaufspreis 25€



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